1.	Down To The Sea / Robert Plant	4:00
2.	The Sea / Morcheeba	5:48
3.	Forever Lost / God Is an Astronaut	6:22
4.	Steam / Peter Gabriel	6:00
5.	Remembrance Day / God Is an Astronaut	4:17
6.	You're An Ocean / Fastball	3:19
7.	Where Does This Ocean Go / Yoko Kanno	4:45
8.	The Captain Of Her Heart / Double	4:34
9.	Once Upon A Time There Was An Ocean / Paul Simon	3:56
10.	Yellow Submarine / The Beatles	2:37
11.	Welcome Home / Radical Face	4:47
12.	Mermaid in the Night / Jimmy Buffett	2:29
13.	Dolphin / Poe	3:48
14.	A Deafening Distance / God Is an Astronaut	3:49
15.	Dust and Echoes / God Is an Astronaut	4:14
16.	Fragile / God Is an Astronaut	4:35
17.	Ocean Of Noise / The Arcade Fire	4:54
18.	Sailing / Christopher Cross	4:16
19.	Octopus's Garden / The Beatles	2:48
20.	Captain Nemo / Sarah Brightman	5:16
21.	Beyond The Sea / Bobby Darin	2:56
22.	Under The Sea / The Little Mermaid	3:15
23.	Swallowed In The Sea / Coldplay	3:59
24.	Nemo / Nightwish	4:35
25.	Beyond the Sea / Johnny Reno	5:04